



# HIGH TEA

## LOVE AT FIFTEENTH BITE.

Boasting views of Canberra city, 15 floors up, the QT Lounge is an opulent spot for sipping and snacking. Tee up a lavish afternoon. Select from 28 teas, the prettiest cocktails featuring our special brews, a tower dedicated to savouries and sweets too whimsical to eat (almost).

Look eyes with the cake trolley - it will be love at first bite.

Whether you're blowing out the candles, showering an expecting mama, giggling with the bride-to-be, treating your A-team, or none of the above, lift a teacup, a flute and a pinky finger: Here's to an indulgent afternoon!

### QTEA HIGH TEA

**\$74pp QTea High Tea**

Served with tea and coffee.

**\$39pp Little QTea High Tea**

Kids high tea served with tea

For kids 12 years and under.

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### TURN THAT TEA INTO A BUBBLY

+ **\$18pp QTea High Tea**

Served with a glass of NV Mumm Marlborough 'Brut Prestige' sparkling wine.

+ **\$26pp QTea High Tea**

Served with NV Perrier-Jouët 'Grand Brut' Champagne.

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# HIGH TEA

## DRINKS

### GO BOTTOMLESS

Minimum 2 people. Limited to 90 mins.

+ \$39pp Golden Pours

#### Bubbles

Dal Zotto Puciono Prosecco, King Valley NV

#### Cocktails

Aperol Spritz  
Bloody Shiraz Gin Spritz  
Rhubarb Grapefruit Paloma

#### Wine

Zilzie Chardonnay, Yarra Valley, Vic  
Zilzie Sauvignon Blanc, Mildura, Vic  
Zilzie Pinot Noir, Mildura, Vic

#### Beers

Asahi  
Peroni Nastro  
Heineken Zero

#### Non-Alcoholic

Juice, Soft Drinks

+ \$49pp Bubbly Bash

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**SAVOURY  
TREATS****CAKE  
TROLLEY**  
BY SPACE  
KITCHEN**FOOD****ARANCINI**

Green Olives + Semi Dried Tomato

**BETROOT & GOAT'S CHEESE TART**

Pickled Strawberries + Sorrel

**SPANNER CRAB CROSTINI**

Avocado + Chives

**SMOKED HAM SANDWICH**Aged Cheddar + Shaved Cabbage + Apple +  
Pickles + Schiacciata**POACHED CHICKEN SANDWICH**

Cucumber + Chilli + Butter Lettuce

**HOMESTYLE SCONES**

Strawberry Jam + Rosewater Cream

**PEACHY LOVE AFFAIR**Poached Peaches + Vanilla Sponge +  
Passionfruit Curd + Vanilla Bean Custard**CHOCOLATE SEDUCTION**Chocolate Sponge + Chocolate Mousse +  
Caramel + Chocolate Oreo**STRAWBERRY & CREAM CAKE**Strawberry Cream + Raspberry Curd +  
Vanilla Bean Crème + Chocolate Sponge +  
Blueberry Glaze

## TEATAILS

**RUBY RED** 22  
Skyy vodka + rose and French vanilla tea + pineapple + cranberry + lemon, served in a nick & nora glass with crushed rose petals

**APRICOT BLOSSOM** 22  
Orange Pekoe infused white rum + apricot liqueur + Wonderfoam + lemon, served in a coupe

**GENTLEMAN GREY** 24  
Canberra Distillery French Earl Grey infused gin + Grand Marnier + grapefruit juice + Wonderfoam + lime, served in a coupe with edible seasonal flowers

**ESPRESSO MARTINI** 22  
Ketel One vodka + cold drip coffee + Mr Black coffee liqueur, served in a coupe with coffee beans

SINENSIS  
NON-ALC

**SINENSIS** 14  
0.0% alcohol and Australian certified, Sinensis is a range of non-alcoholic beverages that are inspired by tea and created, brewed, and bottled in Australia. The range is crafted from the finest pure teas in the world and each variant in the range is a unique fusion of tea and grapes.

**WHITE TEA SAUVIGNON**  
Harmonious and pure, our white tea sauvignon is a fusion of green tea and chardonnay grapes.

**BLUSH TEA ROSÉ**  
Delicate and floral, our blush tea rosé is a fusion of white tea and shiraz grapes.

**BLACK TEA SHIRAZ**  
Rich and full-flavored, our black tea cabernet shiraz is a unique fusion of Himalayan



## WHAT IS TEA?

Tea is an aromatic beverage prepared by pouring hot water over processed leaves from the *Camellia sinensis* plant. The beverage has a long international history that first started in China. Originally, tea was used for medicinal purposes but eventually began to gain popularity as a recreational beverage.

### HOW MANY TYPES OF TEA ARE THERE?

Since tea is enjoyed across the globe, there are thousands of varieties to choose from. However, each variety falls under one of six categories: black, green, yellow, white, oolong, pu-erh (dark) and herbal teas. Sip and enjoy one of our 28 curated teas.

**Q**Tea

# QT SIGNATURE BLENDS

Curated by our Director of Food, Beverage and Tea Sommelier, in collaboration with Australian Tea Masters.

## **CAPITOL QTEA**

Orange Pekoe black tea, roasted oolong tea, safflower, cornflowers, calendula, natural blackberry and natural strawberry. The light notes of roasted oolong are combined with Sri Lankan black tea.

## **BILLABONG GREEN**

A fusion of Australian grown green tea blended with strawberry gum, desert finger lime, calendula and quandong extract.

## **DAINTREE CACAO CHAI**

Black tea, cardamom, cinnamon, star anise, black peppercorns, bay leaves, chilli flakes and Daintree cacao. Chai with a twist, spice things up with a rich chocolate finish.

## **BURLEY GRIFFIN**

Peppermint, spearmint, lemon verbena, lavender, black cohosh, dong quai, liquorice root, ashwagandha root, St John's wort, red clover and rose petals. A blend of herbals to help calm your body and mind. The delicate floral notes are supported by soft mint with a hint of lemon.

## WHIMSICAL WHITES

Minimally processed and made with the freshest leaves of unopened *Camellia sinensis* plant. This white tea boasts fruity and floral notes. Quietly spoken, don't let that fool you, the white tea is complex with its smooth, delicate flavour and natural goodness.

### **SILVER NEEDLE**

Originally from Yunnan Province, China, this tea has a light floral aroma of orchids and a delicate but sweet flavour.

### **LYCHEE, VANILLA AND ROSE**

White tea, rose petals, lychee and vanilla. An exotic blend of florals, delicate fruits, and notes of vanilla bean.

### **HEMP WHITE NIGHT**

Hemp, white tea, tulsi, nettle leaf, rose petals and jasmine flower. Treat yourself to the antioxidants of white tea, nettle, and vitamin C.

## GLORIOUS GREENS

Green tea provides a rich and natural source of antioxidants such as polyphenols, flavonoids and catechins and is bursting with plant-based goodness. Used in traditional Chinese, Indian and Japanese medicinal practices for centuries, it's time to drink your greens.

### **HUA SHAN MAO FENG**

Fragrant and refreshing with light, sweet, vegetal notes, this green tea has flavour notes of fresh roasted almonds.

### **JASMINE PEARLS**

These delicate, hand rolled pearls are from Fujian and have a sophisticated jasmine flavour. The tea is layered seven times with fresh jasmine flowers to produce the unique flavour and aromatic blend of green tea and jasmine.

### **PEACH BELLINI**

A blend of green tea, freeze dried raspberries and stone fruits, this tea blend is energising and refreshing.

## YUMMY YELLOWS

Hailing from China with ancient influences, yellow tea is rare with a soft and delicate yet floral aroma and a unique mellow flavour. The cousin of green and white tea, the tea leaves are wrapped in wet paper or cloth to induce a mild oxidation process through steaming. The leaves are then oxidized for up to three days producing a yellowing effect.

### **HUANG DA CHA**

Also known as the 'coffee of tea'. During processing, the tea is heavily roasted and undergoes further processing which results in the unique flavour, similar to a mild coffee.

### **HUO SHAN YELLOW BUD**

An imperial tribute tea that has been made in China since the Ming dynasty. Like with many yellow teas, the processing method was lost – however it was recovered during 1972. The yellow colour is produced by spreading the tea indoors in three separate rounds.

## OH LA LA OOLONGS

Oolong boasts many health benefits and tickles the tastebuds with complex undertones and tantalising hints of black and green tea tastes. A little introverted, oolong tea was traditionally drunk by Chinese people for centuries. With light green tea notes spilling over with floral and vegetal flavours, this tea will make you say oooh!

### **FORMOSA ORIENTAL BEAUTY**

Lightly oxidised with delicious fruit and honey notes, this oolong tea produces a sweet, light, golden sip. Known as the Champagne of oolongs, we say cheers to that!

### **OOLONG CHARDONNAY**

Oolong tea, papaya chips, orange peel, cinnamon chips, rose petals, vanilla bean and natural wine flavours. A hand blended and lightly roasted oolong bursting with light spice and fruit notes finished with soft rose and vanilla beans. The natural chardonnay notes add an unexpected flavour kick.

## **BOLD BLACKS**

The world is your oyster as each black tea has a completely different taste. Strong, full-bodied and bold flavours are paired with notes of honey, malt, chocolate, toast and caramel. Pick your poison.

### **BRINDABELLA BLACK**

A unique blend of black teas, where muscatel and floral notes meet caramel and anise.

### **WAKE UP CANBERRA**

Kick start your day with our bold take on the classic English breakfast. This tea is full-bodied with malty undertones and a dash of natural sweetness.

### **DARJEELING GLENBURN**

Darjeeling, known as the Champagne of teas is from the famous Glenburn Estate. A first flush Darjeeling with soft floral notes and a citrusy finish. Don't be fooled by the Champagne-colour, we're raising a glass to health benefits.

### **GREY GENTLEMAN**

A classic Earl Grey with a twist. This blend of black tea has been delicately infused with natural Bergamot, lemon and orange peels and blue cornflowers.

## **DARING DARKS**

This is a unique category. The health benefits of dark tea have been documented by the Chinese for centuries and we are sharing the secret.

### **EMPERORS PU'ERH**

Naturally ripe, pu'erh tea yields a strong and earthy fragrance, with a warm taste of terroir. A perfect post-meal tea.

## HOLISTIC HERBALS

A collection of flowers, fruits, herbs and spices combine into some of our most deliciously wholesome blends. Naturally caffeine free, these may be called tisanes or herbal infusions to prevent confusion with 'tea' made from the Camellia sinensis plant.

### **ETERNAL SUMMER**

A fragrant South African red tea with notes of sweet summer rose blossoms and dried forest berries.

### **MATE TEA**

A traditional herbal infusion from South America. Fresh, grassy notes and a mild sharpness, mate naturally contains a high level of vitamins, minerals, and antioxidants. \*Please note this contains caffeine

### **DETOX**

Hemp husks, nettle leaf, dandelion root, burdock root, rhubarb root, St Mary's thistle, liquorice root, lemon peel, lemon verbena, red clover and calendula create a cleansing sip to savour.

### **HANGOVER TEA**

Nettle, chamomile, lemon balm, ginger root, fennel seed, and angelica root. Designed to support a clear head and settle your stomach.

### **CUDDLE UP**

Lemongrass, peppermint, lavender, spearmint, lemon balm and lemon verbena. Warmth, comfort and coziness in a fragrant brew. Perfect for relaxation and unwinding.

## MAJESTIC MINIS

Now our little adventurers can sip, giggle and enjoy teas designed especially for them. Minimally processed and made with the freshest leaves. Some of these brews help with a good night's sleep.

### **BERRY SPECIAL**

A fruity rooibos blend with an apricot overtone. This tea contains blueberries, currants and dried apricots.

### **SERENTITY**

A calming blend containing relaxing ingredients such as chamomile, lemon balm, lavender and rose petals.

### **SLUMBER**

With a fragrant aroma of lavender and a sweet flavour of cacao, coconut and honeybush.

### **HEALING POTION**

This invigorating blend of honeybush, lemon myrtle, rosehip, hibiscus, olive leaf and elderberry, makes it high in vitamin C.

## SAVOURY TREATS

## MINI FOOD

With our minis in mind, we've got their fan favourites to satisfy their every craving.

### **ROLLIN' SAUSAGE**

Beef sausage roll + tomato sauce

### **FLYING SLICE**

Ham + cheese + pineapple pizza

### **ADVENTURERS SAMMIE**

Tomato + cheese + sandwich

### **EXPLORERS SAMMIE**

Chicken + cheese + mayo sandwich

+ Any of the cakes from the cake trolley.



## WANT TO PARTEA?

Celebrate your special moments in style with QTea High Tea!  
Whether it's a bridal or baby shower, a birthday bash, or a corporate event, our QT lounge on level 15 is the perfect setting for your event.

Gather your loved ones and create unforgettable memories as you toast with a glass of bubbles! Feel free to bring along your favourite games, party favours, and table balloons—this room is all yours to make this celebration truly unique.

QTea

**PICK  
WHERE  
YOU  
LOUNGE**

**PICK YOUR  
PARTY**

**GROUP AND EVENT BOOKINGS**

**PRIVATE DINING ROOM**

Take in stunning city views in our exclusive QT Lounge Private Dining Room—perfect for intimate gatherings of up to 16 guests. This stylish space is ideal for your private group celebrations, a minimum of 8 guests is required.

**LAKESIDE LOUNGE**

Enjoy serene views in our Lakeside lounge, giving you exclusive use of half the venue, perfect for gatherings of 15 to 30 guests, set against Canberra's most stunning backdrop.

**EXCLUSIVE USE**

Elevate your event by booking the entire QT Lounge for up to 60 guests—perfect for larger celebrations with a minimum of 40 guests, giving you the freedom to host an unforgettable event in a stylish and inviting atmosphere.

You bring the balloons, the flowers (if you want) we'll sprinkle the magic and handle the rest.

Email: [foodandbev\\_capitol@evt.com](mailto:foodandbev_capitol@evt.com)

Call: 02 6267 1261

**\$87pp SPARKLE & SIP**

QTea High Tea served with a glass of NV Mumm Marlborough 'Brut Prestige' sparkling wine.

**\$115pp FIZZ & FLOW**

QTea High Tea served with bottomless (90 minutes) NV Mumm Marlborough 'Brut Prestige' sparkling wine + teatails.